

Georgia Southern University

Digital Commons@Georgia Southern

Athletics News

Athletics

1-27-2021

Georgia Southern Student-Athletes Participate in Virtual Finance Seminars

Georgia Southern University

Follow this and additional works at: <https://digitalcommons.georgiasouthern.edu/athletics-news-online>



Part of the [Higher Education Commons](#)

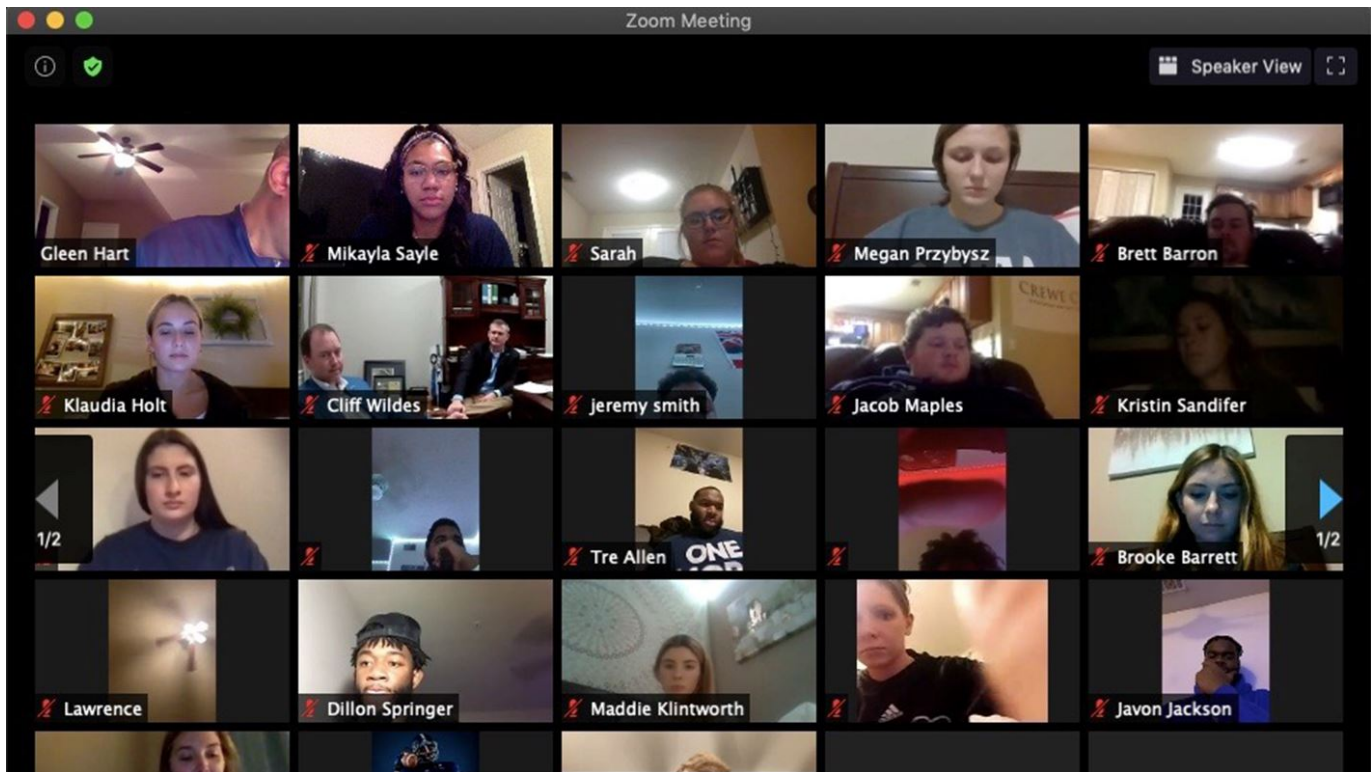
Recommended Citation

Georgia Southern University, "Georgia Southern Student-Athletes Participate in Virtual Finance Seminars" (2021). *Athletics News*. 2480.

<https://digitalcommons.georgiasouthern.edu/athletics-news-online/2480>

This article is brought to you for free and open access by the Athletics at Digital Commons@Georgia Southern. It has been accepted for inclusion in Athletics News by an authorized administrator of Digital Commons@Georgia Southern. For more information, please contact digitalcommons@georgiasouthern.edu.

Georgia Southern University Athletics



Georgia Southern Student-Athletes Participate in Virtual Finance Seminars

The Zoom events are part of the APEX program.

APEX

Posted: 1/27/2021 3:11:00 PM

STATESBORO – Georgia Southern student-athletes participated in virtual finance seminars, sponsored by Morris Bank, Monday and Tuesday as part of the Georgia Southern Athletics APEX (Athletes Preparing for Employment EXperiences) program.

Employees from Morris Bank spoke to the Eagle freshmen and sophomores about basic checking and money management Monday, while the juniors and seniors learned about saving, lines of credit and investing.

Led by Senior Associate Athletics Director Student-Athlete Development [Gleen Hart](#) and Senior Associate Athletics Director for Administration [Tracy Ham](#), the APEX program fosters the holistic growth of all Georgia Southern student-athletes based on four pillars: life skills, leadership development, career growth and community engagement. The vision statement of the program is to "develop confident and independent leaders to win in their careers, communities and households."

A component of APEX, Eagles In Transition (EIT) teaches student-athletes essential life skills such as resume writing, etiquette training, personal branding, financial management and voter registration to prepare them for the outreach portion of APEX in which student-athletes will be helped with career exploration, the job search process and experiential learning through internships.

Copyright ©2021 Georgia Southern University Athletics